

Curriculum Vitae resumido: **EZEQUIEL REY EIRAS**

Datos personales

Apellidos: Rey Eiras

Nombre: Ezequiel

DNI: 35324159

Fecha de nacimiento: 18/09/1981

mail: zequirey@uvigo.es

Situación profesional actual

Organismo:

Universidad de Vigo

Facultad:

Facultad de Ciencias de la Educación y del Deporte

Departamento:

Departamento de Didácticas Especiales

Dirección postal:

Campus Universitario 36005 Pontevedra

Teléfono:

+34 986801700

email:

zequirey@uvigo.es

Líneas de investigación

Análisis del rendimiento en deportes colectivos, Métodos de entrenamiento en deportes colectivos

Estrategias de recuperación post-ejercicio

Titulación de mayor nivel:

Doctor por la Universidad de Vigo (Premio Extraordinario)

Licenciado en CC. de la Actividad Física y el Deporte (Premio Extraordinario).

Publicaciones

JCR

- . Valladares-Rodríguez, S., Rey, E., Mecías-Calvo, M., Barcala-Furelos, R., Bores-Cerezal, A. (2017). Reliability and Usefulness of the 30-15 Intermittent Fitness Test in Male and Female Professional Futsal Players. *Journal of Human Kinetics*. Accepted.
- . Abelairas-Gómez, C., Barcala-Furelos, R., Mecías-Calvo, M., Rey, E., López-García, S., Costas-Veiga, J., Bores-Cerezal A., Palacios-Aguilar, J. (2017). Prehospital emergency medicine at the beach. What is the effect of fins and rescue tube in a lifesaving and cardiopulmonary resuscitation after rescue? *Wilderness & Environmental Medicine*. Accepted
- . Viaño-Santamarinas, J., Rey, E., Carballeira, S., & Padrón-Cabo, A. (2017). Effects of High-Intensity Interval Training with Different Interval Durations on Physical Performance in Handball Players. *Journal of Strength and Conditioning Research*, 1. <http://doi.org/10.1519/JSC.0000000000001847>
- . Paz-Franco, A., Rey, E., & Barcala-Furelos, R. (2017). Effects of Three Different Resistance Training Frequencies on Jump, Sprint, and Repeated Sprint Ability Performance in Professional Futsal Players. *Journal of Strength and Conditioning Research*, 1. <http://doi.org/10.1519/JSC.0000000000001766>
- . Barcala-Furelos, R., Abelairas-Gómez, C., Palacios-Aguilar, J., Rey, E., Costas-Veiga, J., Lopez-Garcia, S., & Rodriguez-Nuñez, A. (2017). Can surf-lifeguards perform a quality cardiopulmonary resuscitation sailing on a lifeboat? A quasi-experimental study. *Emergency Medicine Journal, emermed-2016-205952*. <http://doi.org/10.1136/emermed-2016-205952>
- . Rey, E., Padrón-Cabo, A., Barcala-Furelos, R., Casamichana, D., & Romo-Pérez, V. (2016). Practical Active and Passive Recovery Strategies for Soccer Players. *Strength & Conditioning Journal*, 1-13.
- . Rey, E., Padrón-Cabo, A., & Fernández-Penedo, D. (2016). Effects of Sprint Training With and Without Weighted Vest on Speed and Repeated Sprint Ability in Male Soccer Players. *Journal of Strength and Conditioning Research*, 1. <http://doi.org/10.1519/JSC.0000000000001726>
- . Rey, E., Padrón-Cabo, A., Barcala-Furelos, R., & Mecías-Calvo, M. (2016). Effect of High and Low Flexibility Levels on Physical Fitness and Neuromuscular Properties in Professional Soccer Players. *International Journal of Sports Medicine*, 37(11), 878-883. <http://doi.org/10.1055/s-0042-109268>
- . Padrón-Cabo, A., Rey, E., García-Soidán, J. L., & Penedo-Jamardo, E. (2016). Large scale analysis of relative age effect on professional soccer players in FIFA designated zones. *International Journal of Performance Analysis in Sport*, 16(1), 332-346.

- Rey, E., Paz-Domínguez, Á., Porcel-Almendral, D., Paredes-Hernández, V., Barcala-Furelos, R., & Abelairas-Gómez, C. (2017). Effects of a 10-Week Nordic Hamstring Exercise and Russian Belt Training on Posterior Lower-Limb Muscle Strength in Elite Junior Soccer Players. *Journal of Strength and Conditioning Research*, 31(5), 1198–1205.
- Rey, E., Barcala-Furelos, R., Padrón-Cabo, A. (2016). Liza Plus for neuromuscular assessment and training: mobile app user guide. *British Journal of Sports Medicine*. Published Online First: doi:10.1136/bjsports-2015-095614
- Rey, E., Lago-Ballesteros, J., & Padrón-Cabo, A. (2015). Timing and tactical analysis of player substitutions in the UEFA Champions League. *International Journal of Performance Analysis in Sport*, 15, 840–850.
- Dellal, A., Lago-Peñas, C., Rey, E., Chamari, K., and Orhant, E. (2015). The effects of a congested fixture period on physical performance, technical activity and injury rate during matches in a professional soccer team. *British Journal of Sports Medicine*, 49(6), 390-394.
- Bradley, P. S., Lago-Peñas, C., Rey, E., & Sampaio, J. (2014). The influence of situational variables on ball possession in the English Premier League. *Journal of Sports Sciences*, 32(20), 1867–1873.
- Bradley, P. S., Lago-Peñas, C., & Rey, E. (2014). Evaluation of the match performances of substitution players in elite soccer. *International Journal of Sports Physiology and Performance*, 9(3), 415–424.
- Lago-Peñas, C., Rey, E., Casáis, L., & Gómez-Lopez, M. (2014). Relationship Between Performance Characteristics and the Selection Process in Youth Soccer Players. *Journal of Human Kinetics*, 40, 189–199.
- Bradley, P. S., Lago-Peñas, C., Rey, E., and Diaz, A. G. (2013). The effect of high and low percentage ball possession on physical and technical profiles in English FA Premier League soccer matches. *Journal of Sports Sciences*, 31(12), 1261-1270.
- Lago-Peñas, C., Rey, E., Lago-Ballesteros, J., Dominguez, E., & Casais, A. P. L. (2013). Seasonal variations in anthropometrical and fitness parameters according to individual percentage of training completion in professional soccer players. *International SportMed Journal*, 14(4), 205–215.
- Rey, E., Lago-Peñas, C., and Lago-Ballesteros, J. (2012). Tensiomyography of selected lower-limb muscles in professional soccer players. *Journal of Electromyography and Kinesiology*, 22(6), 866–872.
- Lago-Peñas, C., Rey, E., & Lago-Ballesteros, J. (2012). The Influence of Effective Playing Time on Physical Demands of Elite Soccer Players. *Open Sports Sciences Journal*, 5, 188–192.
- Lago-Ballesteros, J., Lago-Peñas, C., and Rey, E. (2012). The effect of playing tactics and situational variables on achieving score-box possessions in a professional soccer team. *Journal of Sports Sciences*, 30(14), 1455–1461
- Rey, E., Lago, C., Lago-Ballesteros, J. and Casáis, L. (2012). The effect of recovery strategies on contractile properties using Tensiomiography and perceived muscle soreness in professional soccer players. *Journal of Strength and Conditioning Research*, 26(11), 3081–3088.
- Rey, E., Lago-Peñas, C., Casáis, L., and Lago-Ballesteros, J. (2012). The effect of immediate post-training active and passive recovery interventions on anaerobic performance and lower limb flexibility in professional soccer players. *Journal of Human Kinetics*, 31(1), 121-129.
- Lago, C., Casáis, L., Dellal, A., Rey, E. and Domínguez, E. (2011). Anthropometric and Physiological characteristics of young soccer players according to their playing positions: relevance for competition success. *Journal of Strength and Conditioning Research*, 25(8), 3358-3367.
- Lago-Peñas, C., Rey, E., Lago-Ballesteros, J., Casáis, L. and Domínguez, E. (2011). The influence of a congested calendar on physical performance in elites soccer. *Journal of Strength and Conditioning Research*, 25(12), 2111-2117.
- Lago-Peñas, C., Lago-Ballesteros, J. and Rey, E. (2011). Differences in performance indicators between winning and losing teams in UEFA Champions League. *Journal of Human Kinetics*, 27(1), 135-146.
- Rey, E., Lago-Peñas, C. Lago-Ballesteros, J., Casáis, L. and Dellal, A. (2010). The effect of a congested fixture period on the activity of elite soccer player. *Biology of Sport*, 27(3), 181-187.
- Lago-Peñas, C. and Rey Eiras, E. (2007). Influences of ball possession on team performances in FIFA World Cup Germany 2006. *Journal of Sports Science & Medicine*, Suppl. 10, 164.